

The Twelve Steps of Alcoholics Anonymous

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove all our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

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What is Alcoholics Anonymous?

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Alcoholics Anonymous can also be defined as an informal society of more than 2,000,000 recovered alcoholics throughout the world. These men and women meet in local groups, which range in size from a handful in some localities to many hundreds in larger communities.

Currently, women make up 35 percent of the total membership.

God grant me the Serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference

Alcoholics Anonymous

Bendigo District Meetings List

(03) 5435 3167

PO Box 121

Golden Square, 3555



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Bendigo District Alcoholics Anonymous Contacts

Male contacts

Julian - Castlemaine 5472 1570
(Mobile) 0408 539 030
Peter C 5443 1062
Peter H 5446 1450
Roger 5435 3736

Female contacts

Sue 5470 5447
Penelope 5447 1342
Joanne 5447 1750

AA Websites

Bendigo District - www.aabendigo.org.au
Southern Region - www.aatimes.org.au
AA Australia - www.aa.org.au
AA World Services - www.aa.org

Melbourne
Central Service Office
(03) 9429 1833

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Bendigo District AA Meetings

SUNDAY 8:00 pm
RSL Hall
Station Street (Behind KFC)
Kangaroo Flat
Roger - 5435 3736

MONDAY 8:00 pm
Steps Meeting
The Children's Room
Salvation Army Centre
61 - 75 Mundy Street,
Bendigo
Noel - 0430 154 807

TUESDAY 7:00 pm
Themes Meeting
Community Church of Christ Hall
60 Havlin St West
Quarry Hill
Anthony - 5435 4023

WEDNESDAY 12:00 pm
St Andrew's Uniting Church Hall
24 Myers St
Bendigo
Lea - 5442 1540

WEDNESDAY 8:00 pm
Salvation Army Hall
Cnr Pantom & Church Sts
Eaglehawk
Joanne - 5447 1750

THURSDAY 8:00 pm
Beginners Meeting
Community Church of Christ Hall
60 Havlin St West
Quarry Hill
Jordan - 0434 933 277

THURSDAY 8:00 pm
Uniting Church Hall
12 Lyttleton St
Castlemaine
Brian - 5470 6724

FRIDAY 8:00 pm
Doxa School
118 - 120 Hargreaves St
Bendigo
Penelope - 5447 1342

SATURDAY 11:00 am
Not held 4th Saturday of each month
Discussion Meeting
Community Church of Christ Hall
60 Havlin St West
Quarry Hill
Will - 0432 163 441

SATURDAY 6:00 pm
Our Place (Shop)
30 High St
Eaglehawk
David - 5444 4379

Note: Update meeting information by contacting Penelope via phone or email through the Bendigo district website